



# Schedule of FREE SEMINARS

## ALL EVENTS

**Time:** Dinner served between 5 and 5:30 p.m. Presentation begins at 6:00 and ends at 7:00

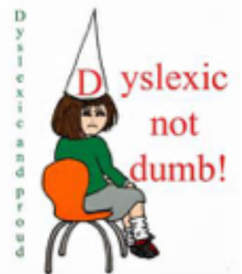
**Location:** The Tap House pub (the old train station, 321 Selby St., Nanaimo), upstairs

**Cost:** The price of what you order; the events are otherwise free

Thurs  
6  
OCT

## Ending Dyslexia

This animated seminar will be led by Marlene Lewis of Victoria, revealing how our brains can be retrained so as to function better. Marlene is committed to ending dyslexia. While her presentation will be of particular interest to parents of dyslexic children it will be useful for all.



**Bio:** Marlene is a registered speech language pathologist with more than 36 years of experience and a former President and executive council member of the BC Association of Speech Language Pathologists and Audiologists. She led the implementation of B.C.'s speech-language, special needs and early intervention programs in her 16 years with the Ministries of Health and Children & Family Development in B.C. She lives and works in Victoria, mainly helping parents improve the reading skills of their children.

Thurs  
13  
OCT

## An ingredient to Improving Life Satisfaction

Learn what gets in your way of a more satisfying life!



**Bio:** Mary Moore is an accomplished teacher and guidance counsellor in School District 69 who is completing her training to be a registered therapeutic counsellor.

Mary values her role in helping people reach their true potential. She is a delightful and warm individual who loves working with people.

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20  
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### Overcoming Anxiety

Use anxiety to improve your life!

**Bio:** Renée Bueckert is a Registered Rehabilitation Professional helping people achieve positive change in their lives. Currently working towards a Master's degree, Renée has successfully supported people with a variety of mental and physical health concerns such as chronic pain, brain injury, trauma, schizophrenia, anxiety, depression and bipolar disorder. She is passionate about her work and is committed to assisting people as they move through challenging parts of their life journey.



Thurs  
27  
OCT

### Thriving in a Blended Family

Blending families can be a very challenging task!

**Bio:** Our presenter, Bernie Dunning, has nearly 30 years of experience as a licensed therapist working with families. A warm, gentle and wise man will reveal how to not only survive blending families, but how to also thrive!



For more information call the agency @ 250-716-8888  
or visit our website: [www.islandintegratedcounselling.com](http://www.islandintegratedcounselling.com)

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Building a stronger community one relationship at a time.